



## ACA/ICC Africa Development Programme ACTIVITY / EVENT REPORT

<b>Activity Title</b>	Mathioya Introductory Coaching Course Report		
<b>Date</b>	14-15 <sup>th</sup> December, 2012	<b>Timings</b>	9.00am to 4.00pm
<b>Location</b>	Mathioya, Kenya		
<b>Facilitator:</b>	Paul Anjere		

The two-day Mathioya introductory to cricket coaching course was successfully completed at the Ngutu primary school and included volunteers, teachers and students in and around the locality.

A total of 17 participants attended the session which was aimed at spreading cricket to the rural areas of Kenya as the country seek to spread the game to those areas that have not had cricket played.



The newly trained coaches have their first experience in training the children in Central Kenya

The facilitation of this course was achieved through the assistance of John Ngunjiri who is the sports officer for Kangema. Ngunjiri was interested in cricket in early 2012 and was delighted that Cricket Kenya responded to his dream of getting cricket played in the region.

The course content allowed for participants to learn the basic skills on the game such as batting, bowling, fielding and wicket-keeping. The participants spent some time indoors while learning the theoretical part of the course and on occasions also went outside to learn the skills practically on the field of play.

On the first day the participants were taken through the theory section before they embarked on the practical aspect of the course. On this day batting techniques were demonstrated to the group with emphasis on correct grip, stance and backlift.



**Attendees keenly followed instructions from the facilitator as children played in the background**

Plenty of the participants grasped the idea on batting, but most will take a bit of time in learning how to play straight. Running between the wickets was another

section covered during the course and while calls of yes, no and wait we emphasised they forgot to call on several occasions either because they trusted their instincts or were just not yet used to the idea.

The challenging section on bowling was next in line and bowling action took the better part of the second day. The biggest challenge on this section was trying to bowl overarm accurately.

Overall, the course was well received and the participants did enjoy the new sport and they did remain quite optimistic for the future.

This should be followed up to ensure sustainability and the progress of the development of these new entrants in to the cricket circles.

### **Participants**

FULL NAME(S)	SCHOOL/INSTITUTION
1. DENNIS MUGWE	NGUTU PRIMARY
2. JOSEPH KARATU	NGUTU PRIMARY
3. JULIUS MAINA	NGUTU PRIMARY
4. SARAH WANJIKU	GITUGI GIRLS
5. SARAH MAINA	NYAKIANGA SCHOOL
6. LILIAN THUNU	NYAKIANGA SCHOOL
7. JOHN NDERO	MIHUTI PRIMARY
8. SAMUEL KAIRU	NJUMBI PRIMARY
9. SYDNEY GATERU	ZERUBABEL PRIMARY
10. PATRICK THUO	NGUTU PRIMARY
11. VICTOR KAMAU	GACHARAIGU SCHOOL
12. DAVID GAICHUHIE	GACHARAIGU SCHOOL
13. JAMES MURAGU	THIRIKWA SCHOOL
14. GEORGE KARANJA	THIRIKWA SCHOOL

15. WILFRED MUGECI	NGOORO PRIMARY
16. SUSAN MBIU	GACHARAIGU SECONDARY
17. TABITHA KAMAU	GACHARAIGU SECONDARY